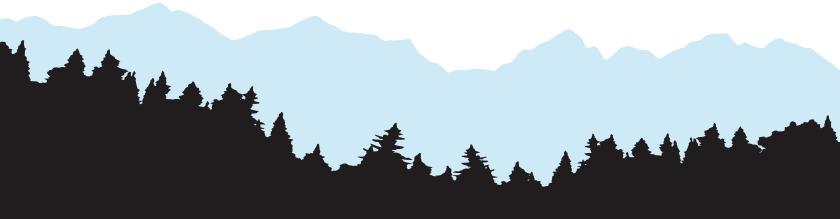
## Trailblazers' Guidebook

Learn to Work Differently





The Trailblazers' Guidebook was developed with the Center for Care Innovation's Safety Net Innovations program.

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"Six Principles for Working Differently" framework by Gravity Tank, Inc. Selected content adapted from "Reflections on Design Thinking" generated from the Design for Service Innovation course at Stanford Graduate School of Business (Copyright @2012 by the Board of Trustees of the Leland Stanford Junior University). The design thinking methodology was adapted from Bootcamp Bootleg, developed at the Hasso Plattner Institute at Stanford (d.school) and is under Creative Commons license. Worksheets were created de novo as well as adapted from the Institute for Healthcare Improvement, Bootcamp Bootleg and gravitytank. gravitytank joined Salesforce in 2016.

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Center for Care Innovations, 2013-2014.

The Trailblazers' Guidebook was made possible through funding from the Blue Shield of California Foundation.

### Trailblazers' Guidebook





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## The Six Principles to Work Differently.



Innovation isn't just a great idea, it's a practice that involves deeply understanding the problem, listening to people's needs and generating solutions that truly meet them. While exact practices vary, there are six foundational behaviors that drive innovation work. We call them the Six Principles to Work Differently.

This book is your guide for that journey. It will take you through the innovation cycle with techniques, methods, tips and worksheets to help you at each step along the way. Each section of the guidebook offers you a sample action items for your team meetings that will keep your project moving ahead.

As you learn about the innovation practice, remember design thinking is highly iterative, not linear. Be prepared to cycle through the various stages of the process as you gain more insights to refine your focus and ensure you're tackling a core need head-on!

We hope that this guidebook will support a culture of innovation at your organization. Share it widely with your team and use it whenever you take on a new problem!

### See and Experience

Develop empathy and understanding to identify the ideal state.

### Dimension and Diagram

Identify and structure information to frame the problem.

### **Question** and **Reframe**

Challenge assumptions to open up new possibilities.

### **Imagine** and **Model**

Make ideas tangible to share and inspire.

### Test and Shape

Repeatedly learn and refine solutions.

### Pitch and Commit

Communicate and share often to move work forward.

### **\*** TIP

These are a set of principles, not a process! You can use these principles at any time during your innovation project.

### Understanding your Team

## A functioning team is critical to the success of your endeavor.

Understand your team's strengths, gaps in expertise, and maintain open communication channels throughout the process to give your team a great shot at completing an innovation challenge in one piece, while enjoying the process.

Innovation leverages the various experiences and backgrounds of team members to come up with transformative ways to solve problems. A healthy and self-aware team will be more productive and will enable its members to express their creative ideas. Understand the composition of your team to leverage their strengths. Allow each member opportunities for growth and to fill gaps in expertise with external resources.

- 1 Keep channels of communication open through feedback sessions.
- 2 Maintain a hierarchy-free flat structure to allow all team members to function in a less inhibited state and unleash creativity.
- 3 Respect Diverging and Converging stages.
- 4 Divide and conquer.

### → ACTION ITEMS

Get to know your team. Establish mechanisms of decision-making and feedback.

Create a plan for meetings for the rest of the program.

### **METHODS**

Collaborative Cycle

Facilitating a Reflective Discussion Assess what skills your innovation team has and what skills are missing. As a team, work through a skill sharing activity.

Newly-formed teams will benefit from this exercise of mapping each team member's skills and interests. Even teams that have worked together in the past will find that getting to know each other in this different dimension is valuable. Not only can you discover that your fellow team member bakes awesome cookies (and will bring them to team meetings), you can see where each person's strengths lie, and what they want to focus on while working on this innovation project.

### Two tangible goals of this exercise are:

- Allocate tasks that resonate with a person's skills and developmental interests.
- 2 Identify the missing skills and make a plan for how to acquire them.

The innovation process you are embarking on leverages the creative potential of a diverse team—and also relies on the team to function. Your team, just like any other, will face tough patches when decisions need to be made and differences of opinion may occur. It is important to agree on a mechanism for feedback and communication that works for your team and will maintain team health throughout the process.

This format works for many teams. During periodic check-ins, each team member expresses what they like about the way the team is functioning, and what they wish were different.

Getting things done and keeping the project moving are important. Assigning a project manager might help with these efforts.

At the same time, make an effort to maintain an environment where all team members are free and uninhibited to speak up, make suggestions for alternative directions or share out crazy ideas. You want to draw out the creative side of your team members. This will make the process even more fun.

### Some ways to maintain a flat structure:

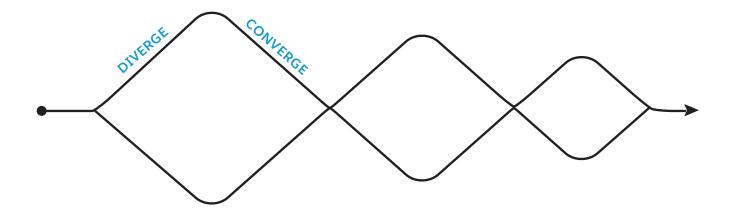
- 1 Take turns leading team meetings.
- **2** Agree on a process to make decisions that allows everyone to feel heard.
- 3 Embrace goofiness. When you meet as a team find time to be silly and not take yourselves too seriously. Reward the most "out there" idea.

Some steps on the innovation process are particularly time-intensive. How can you accomplish it all, while juggling all your other commitments?

Arrange as many user and stakeholder engagements in advance as possible.

Divide various techniques and approaches among your team members.

Debrief frequently to make sure everyone is on the same page.



It's been said that smart people can make even bad ideas work. (Imagine what they can do with good ideas!) The innovation process is structured to get a lot of ideas out (so that you don't commit to the very first one that comes to mind), but to still have structure when you need to make selections.

Diverge stages have the goal of going for quantity. This is when you capture observations, generate ideas and make prototypes. These are the stages with the highest energy and creativity. Treasure these flare stages and protect them from behaviors that do not belong there (such as narrowing down ideas, thinking why they will not work or self-editing). When the whole team is aware there will be dedicated time later to think about feasibility or make selections, they will be more free to think outside the box and your team will face less friction and fewer hurt feelings.

Converge stages have the intention of synthesizing information and making decisions. Here, your whole team is mentally prepared to sacrifice ideas that won't make it. Going through idea eliminations in a dedicated focus mindset is easier and much less personal.

As a team and as a team member, be conscious whether you are diverging or converging. Be mindful of not mixing mindset and behaviors between these two stages.

Accepting a 'divide and conquer' strategy was critical for gaining more observation time.

### Choose your Challenge

### Identify a problem area to investigate.

Choosing your challenge is the process of balancing and prioritizing needs, expectations, values and opportunities to decide what problem you will work to resolve. Explicitly understanding and articulating your aspirations and expectations serves as a strong foundation for problem selection, team formation and success!

Throughout the design process, you can revisit your aspirations and expectations periodically. You may find that they grow and change as your work on your innovation challenge evolves, or that the problem itself and organizational priorities evolve.

How do you go about choosing your challenge?

- 1 Compile a list of pressing problems you see in your organization.
- 2 Seek information about your organization's priorities, goals and resources. Find alignment between each team member's personal passions and organizational goals—or collectively reevaluate organizational goals.
- **3** Evaluate potential project areas against your team's resources, access to users and stakeholders for each problem, and how ready your organization is to accept change in this problem niche.
- 4 Communicate your reasons for choosing to work on the project with the team so everyone understands each other's values, aspirations and expectations.
- **5** Trust that whatever innovation challenge you take on, you will have a valuable learning experience and have innovation tools under your belt to apply anywhere.

### → ACTION ITEMS

Survey problem areas, your team's resources and organizational fit.

Select a problem area to work on.

Identify users, stakeholders and experts to engage. Reach out to arrange meetings.

### **\*** TIP

Think about the range of individuals, groups, and organizations you'll need to engage to successfully design a solution to your innovation challenge. Who are they? How accessible are they? How critical will their engagement be to the success of your project? What are their vested interests? How difficult or easy might it be to get them to adopt a change?

### \*TIP

Don't be discouraged if you are selecting only one problem to focus on from the multitude of problems you may see. Find a niche you can make a difference in and move one step at a time. Sometimes, you need to see success with a smaller, manageable problem before tackling a bigger one.

### Choose a Problem

Your team is embedded in your organization, and each of you has observed or experienced problems begging to be solved. For the innovation endeavor, it is important to select a problem you are all passionate about, as well as one with organizational support that can move forward.

Take another look at each problem and reflect on your personal preferences and organizational goals. Use your notes as a point for discussion.

### PROBLEM:

Why do you want to pursue it?
Who will be served by solving this problem?
How much of a pain point and a priority is
this problem for your organization?

Now, survey logistical considerations for each problem. Keep in mind you have not yet spent time validating the need, nor designing a real solution. When thinking about logistical considerations, focus on the general problem area, not a solution. In other words, be solution-agnostic.

### PROBLEM:

Perceived risk of failure
Level of resources anticipated
Availability of staff to work on this problem
Is incremental or disruptive
innovation needed?

### **Narrow Preferences**

A useful way to visualize everyone's preferences is to use a Decision Matrix. Label each of the problems on the table as 1, 2, 3, 4, etc. Individually, fill out where each problem falls on your scale of enthusiasm versus organizational priority, or viability. Compare each team member's matrices and discuss. (See example Decision Matrix to the right.)

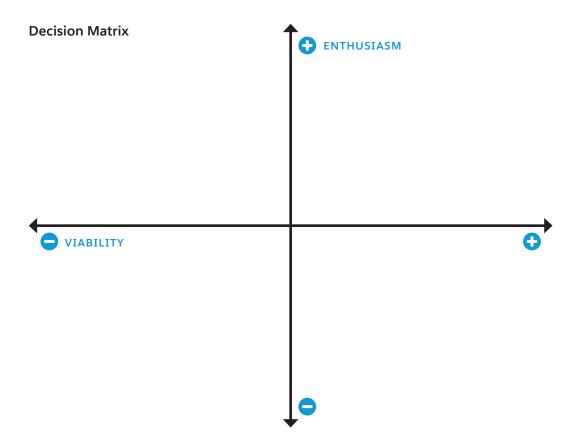
For a more direct way to visualize where everyone stands, draw the matrix on a large sheet of poster paper. Individually, place your preferences on the poster with sticky notes. Hint: use sticky notes of different colors for each person. Look for commonalities and address discrepancies through discussion. Make sure everyone gets a chance to express why they voted this way–you might uncover an angle you hadn't thought about.

If it is helpful for your team to evaluate each member's preferences though this matrix, change the axes labels and compare everyone's votes against other parameters.

### FOR EXAMPLE:

- Perceived Risk
- · Organizational Priority
- Feasibility
- Access to Enough Users
- Level of Resources Available

"Be sure the organization's mission, priorities, and limitations align with your goals. Is the organization capable of implementing technology solutions, or only low-cost 'workaround' solutions?"



### **Pitch Your Project**

Now that your team has narrowed down a problem to tackle, set the stage for further exploration by formulating where you are starting. Why is this important? Your team will be interacting with lots of parties in this project. Having a concise problem statement your team agrees on will let you quickly get to the point and capture people's attention.

**PROBLEM:** What is the problem you are trying to solve?

**AIM:** What is the big picture goal? What does your team want to accomplish?

**IMPACT:** Why is this problem important? Who will benefit from solving it?

**THE ASK:** How can they help? (brainstorm for patients, staff, external stakeholders, etc).

The goal of an innovation project is to create a solution people will use and that will solve their need. Keeping your mind clear of any solution you believe is the right one will allow you to listen and observe with an unbiased mind, and therefore come closer to what others need versus what you think they need.

Plus, what appears to be a need is not always a need but the result of a problem. For example, when patients miss appointments, you might think the solution is to remind them of their appointments. After talking to patients, you may find what they really need is a more convenient way to cancel an appointment they already know they cannot make. In fact, this is what a team in Design for Service Innovation 2012 found.

At this stage in the innovation process, do your best to focus on the problem.

### **✓** SYMPTOM CHECK

Do you find yourself thinking about a particular solution that will solve the problem you see? Have you been thinking about this solution when choosing the problem, describing its impact, or lining up stakeholders to interview?

Diagnosis: You are experiencing a case of premature solution commitment.

### See and Experience

## Develop empathy and understanding to identify the ideal state.

Start every project with observing and gathering evidence from the context or situation you want to design for. Talk to actual users to understand their experience more deeply.

While you may have worked in the industry for many years or are quite familiar with a particular aspect of everyday life, spending time really looking at and understanding what happens in a given context leads to insight. This is no time for stereotypical descriptions, conventional understanding, or common sense. It's critical you immerse yourself in the world of who you're designing for, see it with fresh eyes, and question why it is the way it is.

### See and Experience

### Immerse in the experience.

Uncover deep needs that are important to the users you are designing for by identifying with or experiencing their feelings, thoughts, and attitudes. The goal is to move beyond the obvious and understand the underlying needs and causes.

You are immersing yourself in a human-centered innovation approach. To effectively design solutions for the people who need them, you must first understand the way they think, what they feel, the behaviors they engage in and the values they hold. The process of developing a deep understanding of the users and stakeholders affected by a problem reveals unexpected and surprising insights about their needs. Applying this process can take you from what you "believe" is the need to what the user actually experiences as the need.

Start by observing what users are doing in a given environment. Spend time with users to see and learn about their broader experience and actions. Experience a situation, product or service yourself to develop first-hand reference points.

### To gain empathy, you:

- **1** Assume a beginner's mindset. Don't judge. Question everything. Be truly curious. Really listen. Be a voracious learner.
- 2 Talk to users. Use interviewing for empathy skills to uncover underlying needs that you can't uncover with surveys.
- 3 Immerse yourself in the problem. Walk in your user's shoes, observe what's not being said.
- 4 Capture your learnings in quotes, sketches, photographs to get the whole team up to speed and look for needs and insights.

### → ACTION ITEMS

Prepare research questions and plan.

Decide on the process of capturing and sharing insights.

Conduct interviews, observations, and immersions.

Saturate working space with insights and observations.

### **METHODS**

Observation

Show and Tell Interviews

### **\*** TIP

Interview with a beginner's mindset.
Set aside what you know about the problem and discover the problem from your user's point of view. Ask obvious questions, ask for explanation, ask a lot of "Why?"s.

### Run an Interview

Don't say "usually" or "typically" when asking a question. You are looking for stories from specific instances that will give you the richness of detail you need. "Tell me about the last time you decided to schedule an appointment." "What is the one most frustrating thing for you about getting to the hospital?"

If someone says "I think," states a belief, or seems to prefer one thing over another, then the conversation is not over! Ask "WHY is this important to you?"

Use no more than 10 words to ask any single question.

Avoid leading questions or questions that afford "yes" or "no" answers. Rephrase them to be open-ended questions.

Once you ask a question, let the conversation go on as long as it has to. Try not to rush the interviewee.

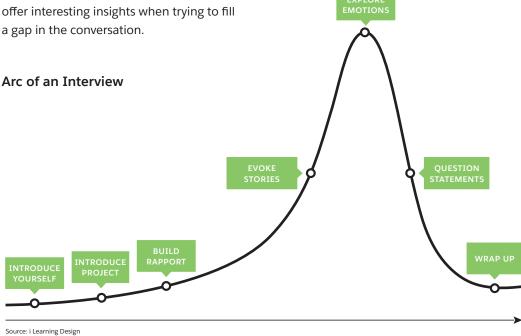
A little silence goes a long way. Give people time to process their thoughts. And pause between questions—sometimes interviewees offer interesting insights when trying to fill a gap in the conversation.

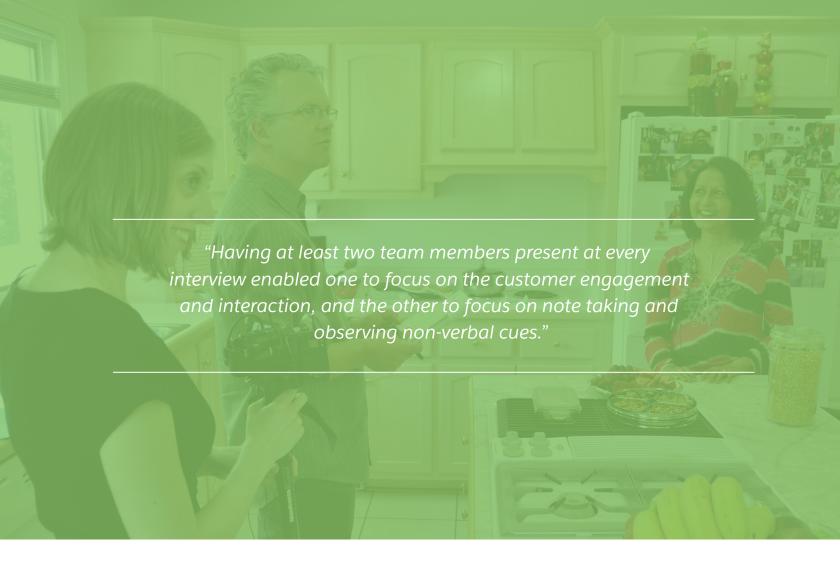
Interview in pairs. One person takes notes, the other is free to connect with the interviewee. If you're the only one in an interview, it's imperative that you use a voice recorder to capture the discussion. This allows you to maintain eye contact and be present in the conversation vs immersed in taking notes.

### **Capture Quotes**

It is amazing how a direct quote can be so powerful in capturing your user's experience. These quotes will become little gems that inspire your team as you move through the innovation process—and will also help you communicate the problem to stakeholders as you work on getting their buy-in.

A lot of the power of the innovation process comes from these qualitative insights. If you are used to focusing on the power of data, make a point to look for these qualitative gems when you interview and observe.





### **Interview Extreme Users**

Interviews with extreme users will give you powerful insights. Pick an aspect of the problem you are exploring and find people who push the system to its limits. These are your extreme users. The way extreme users cope with the system can more clearly highlight what's missing.

### Conclusion

Interviewing at first seems like a straightforward task. But effective interviewing is hard work. Interviewing for empathy is not the way we normally communicate, especially with strangers. It takes us way out of our comfort zone.

The more you practice it, the more natural it will come to you. At the beginning, take time for thoughtful preparation of open-ended questions, connecting with the interviewee during the meeting, and push yourself to ask a lot of "Why's." Getting meaningful insights will all be worth it!

Now that you have a deep understanding of the innovation challenge and the stakeholders it affects, it's time to observe these users in action.

Charge ahead!

### **CASE STUDY**

### **Insurance Agency**

One team worked on a project that dealt with improving the interactions between an insurance agent and a potential customer. The insurance company hoped to understand how a specific policy review meeting between the agent and the customer could be improved. The innovation team conducted interviews with both agents and customers about all their interactions in this service relationship.

Through the interviews, the team uncovered that insurance agents spent more time maintaining customer information than having valuable meetings with customers. They also learned customers were used to managing basic information digitally in other services. The team took this insight and designed new ways for the customer to self-service many of those tasks. This freed up the agents to have a true advisor moment during the review meetings thereby creating more meaningful interactions with their clients.

### **Keep in Mind:**

### **READ BETWEEN THE LINES**

"People who were conscious of their status were at times more focused on not saying the wrong thing (or self-glorifying) than providing a real answer.

They were reluctant to comment on how they saw others in the organization being efficient or inefficient."

### **AVOID LEADING QUESTIONS**

"It was all too easy to fall into the trap of asking leading questions, limiting my ability to gain authentic, candid insight into interviewees' pain points."

### **GIVE YOURSELF ENOUGH TIME**

"Interviews with customers were sometimes done when they were waiting for an agent. Time was short and it was difficult to establish a good relationship and trust with that pressure."

### SET A PRODUCTIVE ENVIRONMENT

"We were expecting a formal meeting in an office where we could run through our list of questions. Instead, we had the conversation in the middle of a busy office lobby with our backpacks on and notebooks in hand."

### **Observe Users**

Be a fly on the wall. When observing a situation, it is helpful to break it down. This activates your mind to look for details and helps you see a familiar situation in a new light.

Capture your observations as if you will be sharing them with someone who has never experienced the situation:

What: What is happening? What actions are taking place? Whether it is a patient searching for a form in her bag, or a physician being asked to sign something while on the phone–notate in detail what you see. What does the room look like? How does it feel? Note what you see in the environment, as if you are seeing it for the first time. What are the physical objects present in this process? Who is present in the situation? How can you describe them? What are their emotional states? Are they frustrated? Occupied? Comfortable? Are they alone? With family?

How: How are the objects used? Look for things that aren't there: what is missing? How are objects NOT used? In what way is the user interacting with the environment? With other individuals? Observe and notate both what you see happening, as well as your impressions about the nature of the interactions.

**Why:** Use your perception to hypothesize what might be the underlying reasons and motivations for what you see. These will give you areas to explore with your users.

### **Capture Observations**

Recording what you have observed is key for the next step in the innovation process—honing down on an area of opportunity. It is also important for remembering what you saw, as well as to bring the rest of your team up to speed.

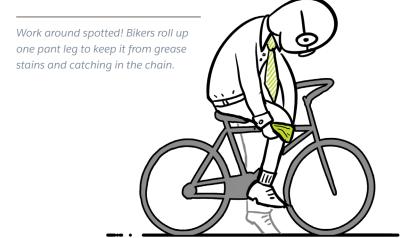
Use photographs to capture moments in the process you were surprised by, those that seemed key to understanding the process, those that really capture the pain point of your user, etc. Jot down quotes that inspired you or captured something interesting.

Start synthesizing by grouping ideas into themes—see what common themes emerge once you process notes from different interviews and observations. Sticky notes can help with the process: try different ways to group the information to see new trends.

**IMPORTANT:** This is the time to observe, not to select. You will have time to process and select the relevant information at the next step. Capture everything interesting or that helps you understand the experience.

### **Look for Workarounds**

Searching for ways people have adapted to a problem is a powerful way to start. For example, bikers roll up their pant legs to keep them from getting grease-stained and caught in the chain. Do you see any workarounds people have created in the current system to make the process better? What problems are these workarounds solving? Looking closely at make-shift ways people adapt to the existing system can give you powerful insights about what they wish the system could do.



# What innovators say...

### THE THINGS UNSAID

"Interviews are good to get details, but observations clearly allow you to see the steps that lead to pain points. You can see how people really react and how they feel."

### **CONTRADICTIONS HOLD INSIGHTS**

"Observations give you insights about what people actually do, not just what they tell you."

### SEE THE THINGS THAT AREN'T THERE

"The biggest insight that I gained through the observation phase was
to be aware of not only what the observations are telling you,
but what they aren't telling you. I believe that as humans we have
a confirmation bias—we are looking to affirm our current
beliefs rather than challenging them."

### Walk in Your User's Shoes

An irreplaceable way to get empathy for your user's pain points is to go through the situation they are going through. If you are examining the process of making appointments in your clinic, call and make one—and then call and see how easy it is to cancel it. Go through registration, the waiting room, the exam room and the checkout as your user would.

What is the point? To build empathy, but also to discover things your user could just not notice. If your patient has been going to your clinic for ten years, he is probably so used to the routine that nothing might seem worth mentioning when you interview him about his experience. Or there may be things that will show you the problem is really not what you thought it was.

Think of innovation as remodeling an old house...You see right away the things that need to be fixed: the broken windows, the creaking doors, the cracked flooring...

Anything you do has to be supported by the foundation of the house—or it all falls apart. If the foundation is flawed already, any improvement you make to the house will be constrained by this flawed foundation.

Your goal as innovators is to understand the foundation of the problem area you are dealing with. Large organizations are like huge buildings where it is hard to imagine touching the foundation. Still, it is important to understand it so you know what are the existing constraints and whether your solution should be built on this foundation, outside of it, or if a redesign of the foundation is what is needed.

Proactively map what you take for granted in your environment—all the things people do simply because that's the way they have been done before, all the things that are "the norm." Ask yourselves, "why should they be this way?"

Do the same for your users. Notice your users' beliefs and "just because." Ask them to explain why they believe that's the way things are.

### **Use an Empathy Map**

Capture what your user says, does, thinks and feels. Look for contradictions—great insights can lie here. Empathy mapping will help you start to make sense of the data you are collecting. See the method Empathy Mapping under the Dimension and Diagram principle for details on how.



**\*** TIP

You can use the empathy map to capture observations real-time.

### CASE STUDY

### **Equipment Manufacturer**

An auto parts original equipment manufacturer (OEM) wanted to extend their customer reach beyond the car dealership to the independent repair shop owner. The data showed that independent repair shops were putting off-brand parts into their make of used vehicles, and the OEM supplier hypothesized that this was the result of their OEM parts not showing up on the first page of a parts search result.

After visiting a couple repair shops and observing the owners ordering parts, it became quite clear that search optimization was not the problem the team had to solve. The OEM parts often did appear on the first page of search results. However, the team discovered that there is more to choosing a part than matching the brand with the make of the vehicle. In the split-second decision to order a part, repair shop owners are balancing several factors:

- \* Keeping costs low for the customer who owns the vehicle
- \* Getting a high-quality part, so the customer doesn't come back with the same problem
- \* Quickly receiving the part to get the vehicle back to the customer as fast as possible

It's was all about keeping customers happy.

"If it's a transmission problem, I'll always choose the OEM part, because that's a critical system. But if it's a filter, I'll go with another brand—we stock them in the garage, to eliminate the delivery time. We want happy customers. Our best advertising is word of mouth."

### **REPAIR SHOP OWNER**

It was valuable for the innovation team to observe the part ordering process early in the project. They shifted from tackling a search optimization problem to a logistics problem.

### Conclusion

Imagine you are a first-timer. Try to examine the current situation with naïve first-time eyes. Become aware of whether you have started assimilating to the environment–how would you see it differently if it were totally new to you?

**Experience what your users are experiencing.** At least once, go though the experience you are aiming to innovate as if you were the user (the patient, the nurse, the receptionist, the physician). Observe the pain points you are experiencing. Go back to your users and find out whether they are experiencing the same pain points but didn't know it.

Mind your gaps in perception. By virtue of being human, you will quickly become habituated to your environment. Your mind will auto-focus on information it identifies as relevant and interesting to you, while sometimes missing the bigger picture, which is right under your nose! Observation can be limited by seeing things the same way. Your challenge is to consider how to look at the same situation through a totally different lens.

Capture your observations in a meaningful way. Create process maps, mind maps, and highlight pain points you have observed with photographs, sketches and quotes.

With interviews and observations under your belt, you're prepared to tackle the creation of your point of view.

Full steam ahead!

Any fool can know.
The point is to understand.
ALBERT EINSTEIN

### Dimension and Diagram

## Identify and structure information to frame the problem.

Identify the different dimensions of your problem and create simple diagrams to improve your understanding and collaboration with others. Just as you would ask a patient about different dimensions of their life to better assess their health, so should you identify the different dimensions of your project. These dimensions can be used in simple diagrams with arrows and annotation to help you visualize your problem, its complexities, and how you might solve for them. Diagramming isn't about drawing well.

It's about identifying elements and their relationships and representing them with basic arrangements, shapes, lines, and arrows—then adding information with annotation. Different layers of annotation can be used to visualize different categories of information.

### Dimension and Diagram

### Find meaning in the data.

At this point you may be feeling excited to have spoken with users but also overwhelmed by the amount of data collected. The hardest part is knowing where to start and what to do when you get stuck. Don't worry, there are many tools you can use to systematically approach analysis to find meaningful insights and opportunities from your research. This is the point in the process where you'll go from Diverging to Converging to discover what's important to users and what can to opportunities.

Why do we do this? Real world problems are highly unstructured and complicated. In order to create meaningful solutions, we need a structured approach to making sense of them. This is where dimensioning and diagramming come into play.

Dimensioning an experience means looking at it from many different angles to identify categories of information that help us understand the problem fully. Diagramming those dimensions helps to structure the data in a way that's shareable and approachable, and helps us prioritize what's important.

When you come back from field research, make time for analysis sessions to dimension and diagram. This will ensure you make the most of the research you gathered and effectively transition into making solutions that matter to users. As you get started, don't worry about the story you're going to tell and focus on downloading what you've learned.

Begin dimensioning and diagramming by:

- 1 Start with your observations—write down on sticky notes what you noticed, heard and saw in the field. Put the sticky notes up and start clustering them to find themes.
- **2** Translate observations to insights. Find commonalities, pain points, irony, and nuances in observed behavior.
- 3 Explore dimensions of the experience and sketch them out in simple diagrams.
- **4** Combine, connect and layer the dimensions to create a framework for brainstorming ideas.
- 5 Find opportunities by addressing the pain points, needs and desires in your insights.

### **→** ACTION ITEMS

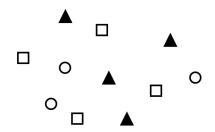
Perform a debrief or analysis session with team members as soon as possible after fieldwork.

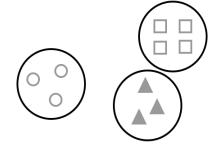
Make observations tangible and cluster to find insights.

Address the insights with opportunity areas that solve problems for users.

Create frameworks as a way to synthesize data and make visual representations of what you learned.

### **Begin Analysis**



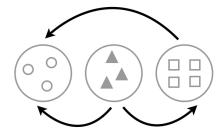


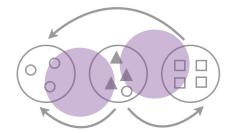
### 1 / GATHER BITS OF DATA

Gather data such as observations and quotes on sticky notes.

### 2 / CLUSTER THE THEMES

Find patterns and higher level themes and move the sticky notes into buckets or sections.





### **3 / FIND RELATIONSHIPS**

Review the themes to see if any relationships are evident between them.

### **4 / OPPORTUNITY AREAS**

Translate the themes into early opportunity areas.

### 1 / OBSERVATION

What did you see and hear?

### 1 / OBSERVATION

The patient received a referral for a psychologist after being diagnosed with cancer.

### **METHODS**

Empathy Mapping

Affinity Clustering

Problem Statement Matrix

### 2 / INSIGHTS

What does that mean? How does it connect with other observations to tell us something interesting about users?

### 2 / INSIGHTS

Being introduced to a psychologist at the diagnosis stage is often too late. Patients need support as they are experiencing early symptoms and are waiting for a conclusive diagnosis.

### 3 / OPPORTUNITIES

What can we do about it?

### 3 / OPPORTUNITIES

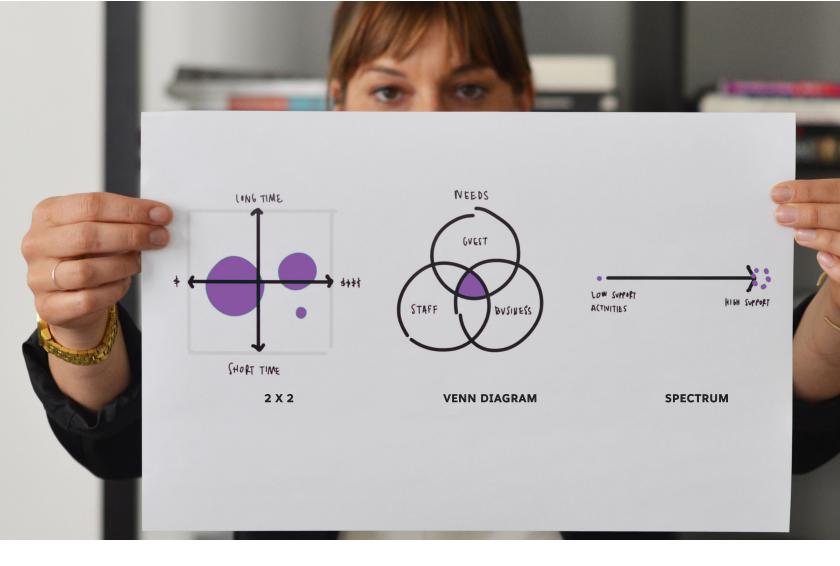
Provide patients with necessary psychological support earlier in the process so they're able to cope with the uncertainty of their diagnosis.

### **Transform Observations**

Take the observations you've made in the field and translate them into insights.

An insight is an angle or reflection on what you're observing.

Don't get hung up on outliers and making sure everyone does or believes the same things. Based on the insights, identify opportunities that solve problems or fulfill a need for users.



### **Explore Data Dimensions**

Dimensioning is a way of understanding a human condition or experience from many different angles in order see it in new ways. After identifying dimensions, be visual and sketch connections and themes using basic shapes like lines, circles, boxes, stick figures and arrows.

Explore many different dimensions and make quick drawings of them. This will make them more tangible and shareable with your team. Below are some dimensions that tend to emerge from fieldwork. In your analysis session, use these as starters to uncover what is important to users.

### **COMMON DIMENSIONS**

**Modes of Behavior:** Ways of acting or doing within an experience.

Strategies: Ways of solving a problem.

**Native Categories:** Groups of objects, activities, etc. as defined by the user.

**Activities:** What people do to reach a desired goal.

**Values:** What people want from an experience (e.g., safety, accomplishment, peace).

**Life Stages:** Major turning points in life (e.g., graduation, marriage, house, empty nest).

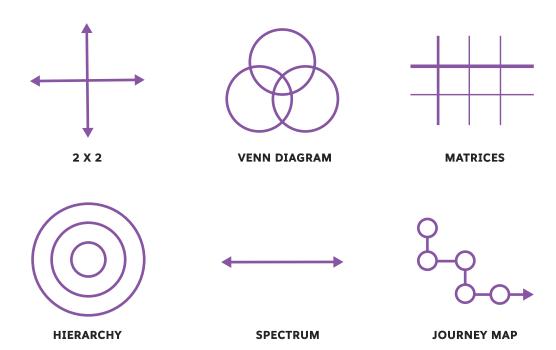
Pain Points: Problems people experience.

**Current Products:** Solutions people currently use.

**Stakeholders involved:** The other individuals and parties involved in the process and the role they play.

**Triggers:** What triggers an action or behavior.

### Framework Types



### **Create Frameworks**

Use the dimensions to create a framework that helps generate ideas.

Combine, connect and layer the dimensions to create a framework. Look for patterns, structures, and inconsistencies in the dimensions to create a framework that gives you a clear direction to pursue. Try several ways of illustrating frameworks and see what resonates. Once a framework is established, use it to help facilitate brainstorms.

### Conclusion

The process of creating a framework is not a search for "truth." A framework is simply a temporal tool for optimizing structured thinking when creating a unique, valuable idea that resonates with people.

Come up with many of them but prioritize frameworks that have a 'so what.' Many frameworks and insights will be **true but useless**. This means they have interesting tidbits of information but don't actually get you anywhere. It's hard to leave those behind, but make it your goal to find the **true but useful** ones capable of priming your team to come up with lots of great ideas during ideation. There's no silver bullet to developing frameworks and the best way to test if a framework is good is by brainstorming ideas based on it. If it leads you to many ideas then roll with it. If it doesn't, then leave it behind.

### CASE STUDY Disaster Response Start-up

From earthquakes, tsunamis, wildfires, to hurricanes, there's been a global upsurge in natural disasters. Although there are national agencies that respond in times of crisis, people at the local level are not always well informed or prepared to make decisions about their safety.

A startup noticed that there was a gap in information provided during a crisis. The local emergency response systems were overloaded and unreachable during a mass crisis situation, while the news broadcasts become increasingly dramatic rather than useful. People in danger needed hyper-local information about their neighborhood, their street, and even their house.

A hurricane survivor said, "Before the storm, I felt like I was misinformed. I was not told that this area was going to flood so fast If I would have known I wouldn't have stayed."

A journey map helped the team understand that there were different stages to a natural disaster journey and that people needed different types of information along each stage. In the early stages, people needed help making the decision to evacuate their home, then they needed personal paths to safety. Once they were safe, people needed to understand what was happening back home, and finally how they could help their community rebuild once the disaster has abated.

### **CASE STUDY** Evacuation Journey

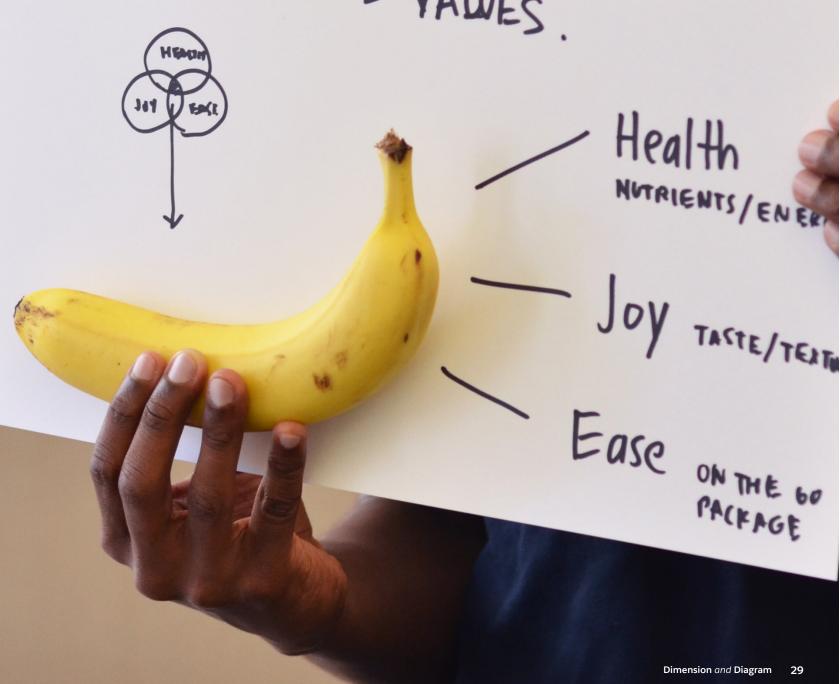
This framework represents the stages of a natural disaster and the needs of the people at each stage. The goal of the framework is to identify opportunities to better support people in danger with the most direct, local, and appropriate information possible. The framework should generate questions for brainstorming like:

- \* What are the gaps or inconsistencies in information?
- \* What decision does a person need to make at this moment?
- \* What other parties are involved?



FUNDAMENTALLY, ALL FOOD EXPERIENCES

(OME DOWN TO 3 YALVES.



### Question and Reframe

## Challenge assumptions in order to open up new possibilities.

Question the familiar, the status quo, and typical ways things are done. When you're good at your job, people expect you to have all the answers. And we're often rewarded for our knowledge of our industry's conventions. But figuring out new, better ways of doing things requires questioning how things are done today. "Why do I have to go to a counter to rent my car?" "Why can't I subscribe to a cab service?" Questioning the status quo opens up new space for thinking and imagination.

Apply this principle in every stage of your project—when visiting the field, in small conversations, reviews of research, evaluating ideas. Question things creatively and cover different dimensions—what makes it good, what makes it bad, could it be done differently and can something be eliminated? Could it use low-tech, high-tech, or just a simpler approach? Unlike most questions you get, don't be so quick to answer them. Let the question force exploration and insights.

### **Question** and **Reframe**

### Question the status quo.

We often leverage what we know and our expertise when we approach a problem. But using what you know as the foundation to solve a problem doesn't allow you to question the status quo, and the typical ways of doing things. Question and reframe is about seeing the problem from new angles, questioning why things are the way they are, and formulating a point of view in order to find better solutions.

Henry Ford said, "If you always do what you've always done, you'll always get what you've always got." Finding a unique solution requires a unique approach. Otherwise we'll revert back to our own experiences, industry norms and what we've tried before as benchmarks for our ideas. Questioning and reframing is a powerful technique to learn, especially if you are very good at the work you do today. If you are good at the work you do today, you know every rule and reason of how the industry works and you've been rewarded for that understanding. Questioning and reframing allows you to open up new space for ideas and solutions nobody has seen that can truly move the needle.

How do your being to question and reframe?

- 1 Bring a child's curiosity.
- 2 Ask why and then ask it 5 more times in order to uncover what's really driving behavior.
- 3 Expect to change your point of view many times and hold your opinions loosely.

### → ACTION ITEMS

Identify needs and insights.

Create a Point of View for your target user.

Create Point of Views for stakeholders.

### ✓ SYMPTOM

Does your POV have a solution in it?

Does it have a clear need that is neither too abstract nor too specific?

Does it have an insight?

Does it convey the user's mental and emotional state?

### How to Create a POV

A Point of View (POV) is an opportunity statement. It condenses the need you have uncovered, description of the user who has this need, the underlying reason for the need and the angle from which you are looking at the problem.

In your design challenge, it may be obvious who is your main user. It is important to keep in mind the perspectives of all key stakeholders. Jot down POVs for your stakeholders as well as your users and refer to them as you generate and select solutions.

A strong POV will help you in many ways:

- · Stay focused on the problem
- · Inspire your team
- · Keep your user in mind
- Communicate to get buy-in from others

To write a helpful POV, you need a solid description of the user, a clear need, and an insight–something remarkable you have uncovered about why the need is there or why the user is the way she is.

### [user] needs to [user's need] because [surprising insight]

In the case of a biker who wants to protect the environment from pollution but hates his pant leg getting caught in his bicycle chain, this might look like:

### **ATTRIBUTES**

### Frazzled

· ITAZZIEC

RushedFrustrated

Groggy Style conscious

Environmentally aware

### NEEDS

- Protect pants
- · Flotect parits
- · Remember to protect pants
- Not pay for new pants
- Not look untidy in front of colleagues
- Uphold moral values

### **INSIGHTS**

 Will give up on being environmentallyfriendly if it means pants won't be damaged

• Bothered with cost of getting new pants

 Feels too distinguished to bare his legs yet forgets to bring the velcro band to tie his pants



### **Use Levels of Abstraction**

POV is a tool that can help you frame the problem—or the opportunity—in a way that can lead to a generative, but still productive brainstorm of solutions. Experiment up and down the ladder of abstraction to generate a POV that has the most helpful scope for your problem.

For the biker example, you can frame this problem at multiple levels:

- **1** A frustrated biker needs a way to tie the leg of his pants when biking.
- 2 A frustrated biker needs a way to prevent his pants from getting caught in his bicycle chain.
- **3** A frustrated commuter needs a way not to have damaged pants when he bikes to work.
- **4** A frustrated commuter needs a way to get to work without worrying about damaging his outerwear.
- **5** A frustrated commuter needs a way to travel without worrying about his clothes.

**POV 1** is very narrow and has a solution embedded in it. The only direction our brainstorm can go is to find various ways to tie pants. You don't want to limit yourself at this point to one way to solve a problem.

POV 1
Roll Pants

LESS ABSTRACT

In **POV 2**, any potential solution is still tied to the bike and the chain. However it opens up more options: you can tie the pants, you can roll the pants up, you can change into shorts when biking, etc.

**POV 3** is still tied to a bike; yet allows us to think beyond the chain and has the flexibility to explore ways to modify either the pants or the bike.

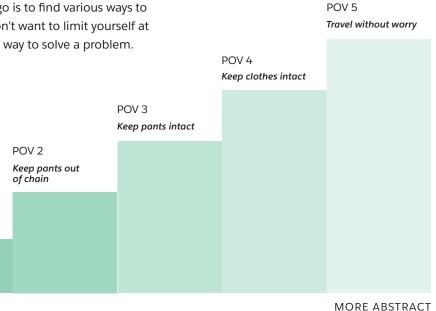
**POV 4** is the most abstract, freeing us from connections to the bike as the mode of transportation and allowing us to think of the final goal, *e.g.*, *arriving at work without damaging his clothes*.

**POV 5** may capture the high-level emotional need of the user, but may be too broad to give any direction of what kinds of solutions to start thinking about.

Scope the POV so it gives you enough freedom to rethink the status quo, yet not so open you don't know where to begin or which direction to take.

### **METHODS**

3-Part Observations
Analogous Examples
"Ways of..." Statements



# What innovators say...

### **KEEPS THE TEAM ON TRACK**

"It was easy, in conversations with outsiders or in sessions with our team, to get excited about different features or get distracted planning something that wasn't core to the product. This is when the POV came in handy—as a tool to help us keep each other on course without generating conflict."

### SAVES TEAMS FROM THE IMPOSSIBLE

"The POV is insanely useful because it focused us whenever we wanted to go astray or look into all the other applications of ideas we came up with."

### **INSPIRES THE TEAM**

"It really guided us in the brainstorming of solutions."

### **KEEPS IDEAS RELEVANT**

"The POV helped us ensure that we were working on something that was actionable, largely applicable, and resonated most with our potential user base."

### CAPTURES THE HEARTS & MINDS OF USERS

"The POV reminded us who exactly we were trying to help most directly."

### Remember the Bigger Picture

A POV is a tool to keep you focused on a distinct area of opportunity in this problem space. Capturing the opportunity in an inspiring POV statement can help the team generate ideas.

However, don't let your team get bogged down in making it perfect. It is a means to the end of creating a solution for the bigger problem.

NOTE OF CAUTION: While a consensus approach enables most teams to avoid conflict, it can sometimes result in the selection of a "safe" or obvious POV.

Too often, the most vocal member(s) of the group persuade others to think or vote as they do. Consider capturing the diversity of perspective by enabling independent voting (e.g., allowing each member to mark the three POVs they are most attracted to), and then facilitate a thoughtful discussion to uncover the reasons why opinions differ before re-voting or making a decision.

DON'T FORGET: A POV should be inspiring, not just accurate. If the POV is unexciting and doesn't motivate you, then move on to something that does. We spent weeks working around a POV that was accurate but unappealing for the majority of the team. If the POV doesn't excite you, it's going to be hard to continue to move on.

Don't let the 'tail wag the dog. Often times teams inadvertently change their POV to fit some new solution. This makes the solution no longer fit user needs.

Allow the POV to evolve over time. As you talk to more stakeholders and users, allow your POV to shift with the information.

### Conclusion

Cut yourself some slack! The decision to pursue one user, insight, or need over another can be a stressful process. Why? Inherent in a decision to carry something forward, is a decision to leave something else behind. Perceived opportunity costs can cause tension and competition within teams. But remember, you don't have to figure out the "right" answer straight away.

The POV is your friend. It is there to help you focus, inspire you, and remind you of the need you have uncovered and decided to work on. Don't get bogged down with the details of the POV at the start—let the phrasing of it evolve as you move through the stage. If you struggle with writing a meaningful and captivating POV, ask yourself, "Have I really found a deep need that I am excited about, or is it time to go out there and search some more?"

Now that you have a POV that defines the need(s) of your user, you're ready to come up with some potential solutions to the problem.

Keep up the good work!

Imagine and Model

## Make ideas tangible to share and inspire.

Michael Polanyi, the Hungarian polymath said, "To have a great idea, you have to have lots of ideas." The Dyson vacuum was the culmination of more than 4,000 prototypes. As for vacuums, so for innovation!

Imagining lots of different ways to address a problem is called "populating the solution space." No problem or situation has a single solution. Great solutions often have hundreds of new ideas in them.

Brainstorming and thinking up ideas any time of the day ultimately helps you create a solution that succeeds. And don't be deceived by verbal descriptions of ideas. Visualize and model them. At first a sketch and then a paper model. Make a prototype to try. At each iteration, you'll better understand your idea and get much more meaningful feedback from others.

## Imagine and Model

## Think broad and brainstorm.

The practice of "diverging" or "going wide" to generate as many possible concepts or solution ideas as you can. The goal is to explore a wide solution space, in terms of both the quantity and diversity of ideas. From this collection of ideas, you can identify the strongest concepts to prototype and test with users.

Ideation enables you to transition beyond identifying problems to exploring solutions. When done well, ideation helps you unlock your creativity and look past immediately obvious solutions. It also allows you to harness the collective perspectives and strengths of your team as you uncover and explore unexpected territory. Representing ideas visually helps clarify and communicate ideas for others to react and build on.

## To ideate, you:

**Prepare:** Initiate ideation by generating 5–10 "what are ways of" questions based on your POV. They should be broad enough to catalyze a wide range of possible solutions, but narrow enough to have helpful boundaries. For example "what are ways of giving each shopper a personal checkout experience?"

**Generate ideas:** Invest in the creative process. Be intentional about setting aside plenty of time to come up with ideas, and experiment with different techniques.

**Narrow ideas:** Take a systematic approach to choosing which ideas to pursue. The goal is to select a small set of possible solutions to take into prototyping.

## → ACTION ITEMS

Write "Ways of..."
Statements for your point of view.

Generate many diverse ideas.

Select 1-4 ideas to prototype.

### **METHOD**

Concept Sheets

## \* TIP

Designate a facilitator for the session who is charged with keeping the group on track. You should also choose an approach for documenting your ideas.

You can assign a scribe to visually document the solutions called out by the team.
Or you can take an "all in" approach, with each person verbally sharing and writing down their own ideas on sticky notes.

## BEING SELF-CONSCIOUS IS THE ENEMY OF IDEATION!

"The problem that I faced when ideating is I become overly concerned about how my ideas will be perceived. Most of my ideas never leave my mind because of my internal calculations and scrutinizing."

## "Ways of..." Statements

"Ways of..." Statements help your team explore different aspects of the POV and carry out more focused brainstorms.

Notice that you are exploring ways to meet the need not only from your organization's point of view, but from all possible angles that the need can be addressed. You never know which way will work the best in the end.

Generate lots of "Ways of..." Statements for your POV. Choose the ones you are excited about and conduct a brainstorm for each "Ways of..." Statement you've chosen.

## FOR EXAMPLE:

User: A full-time working Mom.

**User's Need:** Pick up her sick kid from daycare without thinking about canceling her doctor's appointment.

**Surprising Insight:** Her worry about her kid's health is compounded by the guilt for not canceling an appointment.

## What are ways of...

- Having the doctor be notified without her involvement?
- Proactively checking with her if she can still make it?
- Taking care of her kid at her appointment?
- Having daycare care for sick kids?
- · Making her not feel guilty?
- Making the doctor be okay if she doesn't show up?

## **Brainstorm**

A brainstorm is a group activity to rapidly come up with a lot of ideas. It is an interactive way to build on ideas of others, think fast, and end far from the initial ideas you started with.

## Starting a brainstorm:

- Get off your chairs. Keep the energy high!
- Let time pressure help you-set a time for each "Ways of..." brainstorm.
- Free your mind to think outside the box–get all your ideas out in the open at the start.

## Leave Inhibitions at the Door

There is no such thing as a bad idea when ideating! Be comfortable sharing half-baked, crazy ideas. Stay conscious about recognizing and putting aside nonconstructive thoughts.

It may feel counterintuitive at first, but do your best to proactively encouraging unrealistic ideas—as strange as it may sound, the best ideas are often born out of the very worst.

## Rules of brainstorming

## Defer judgment. No finding reasons why it won't work!

"We deferred all judgment during brainstorming and went for quantity. The trick was not to give any idea more than a few seconds of our time when it was stated and documented. We quickly moved on to other ideas until we were ready to converge or begin evaluating possible solutions."

**Encourage wild ideas. Think outside the box.** 

Build on the ideas of others. No "buts," only "ands."

Go for quantity. More is better! Make quantity your goal.

One idea at a time. Let others have their say.

Stay focused on the topic.

Be visual. Sketch your ideas.

Include a headline for each concept.

Keep it short. Save conversations for later.

## **✓** SYMPTOM CHECK

Have you observed that your team is following ideas of a more outspoken member?

Diagnosis: Your team may be suffering from "group-think".

Treatment: Structure exercises to bring out different opinions and revisit the nine rules of brainstorming.

## Watch Out for Group-Think

Group-think is a phenomenon that can occur when decision-making groups seek to avoid conflict. Groups with one particularly respected or vocal member are very susceptible to this behavior, as participants often agree with an influential leader.

As group-think increases, the quality and diversity of ideas decreases!

You can diagnose group-think by recognizing these common symptoms: conforming behaviors, rationalization, stereotyping, self-censorship, pressure to agree, and the presence of the "thought police" in the group.

The best way to break out of group-think is to recognize that it is happening and to structure a series of exercises designed explicitly to stimulate differing opinions. Revisit the nine rules of brainstorming to try to help team members feel "safe" expressing divergent views.

## **Explore Ways of Brainstorming**

## Warm up with a crazy brainstorm.

Imagine there are no constraints whatsoever. Forget about being practical. How do you imagine the situation might work under these conditions? What unreal, crazy ways can this be accomplished? This brainstorm is useful for getting out of the mindset of constraints and remembering the limitations of the system. It's also great to get inspiration—yes, it might be crazy, but is there any truth here that we can take away from this?

## Explore constraints with ideal brainstorms.

What do we envision as the ideal situation for this area? What specific attributes make this situation ideal? How would the stakeholders feel/behave in this situation? This is great for inspiration and getting everyone on the same page as to what they are trying to achieve.

## Get inspired by analogous brainstorms.

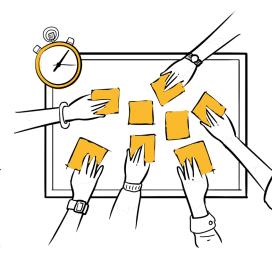
In many ways, this is one of the bread-and-butter innovation tools. How do we see other industries or entities tackling similar issues or achieving the results we want? Another way to use this technique is to ask: where do we see the same problem and why is that industry failing to solve it? Analogous brainstorming is great for getting inspired by the ways things work (or failing) elsewhere and seeing possible blind spots in your own processes.

## Explore blind spots with sabotage brainstorms.

What are all the ways we can fail and NOT meet the need? What ways can we think of that will not give the result we want? How can we design this process that will make it fail miserably? This can help with outlining risk factors for the success of a process, uncovering the possible blind spots of risk factors ("wait, that's how it's done now!") or even just feeling free to create something silly—which could be used to unleash the mind when things get stagnant.

## Act out ideas with bodystorms.

Create a set—or take your team to a real environment harboring the process you are redesigning. Bring artifacts, act out your user's journey, and generate ideas on the fly in this life-sized brainstorm.



# What innovators say...

One idea for getting your creative juices flowing is to impose a temporary constraint on the team. For example, you might ask yourself questions like, "What if our solution had to be made specifically for the morning?" or "How would Nike do this?" or "What if money was not an option?" Use these temporary filters only for as long as they're useful.

## **COME BACK WITH FRESH EYES**

"I was able to generate many ideas after walking away from the problem for a while."

## **CELEBRATE HALF-BAKED IDEAS**

"My teammates were helpful in processing half-baked ideas. Once I shared them, people were able to elaborate on them. This 'concept/comment' loop was critical in sparking other ideas."

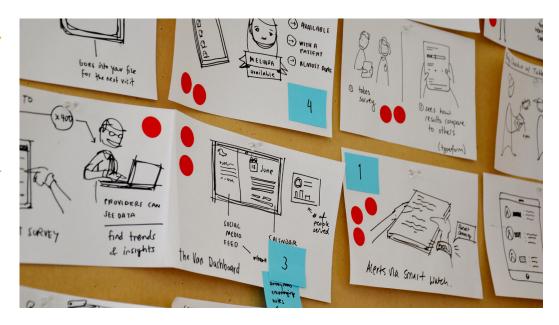
## **INVOLVE OUTSIDERS**

"Asking another team to join our brainstorming session was great.

I think it helps to get an outside perspective because it forced us to explain our problem simply but effectively so that the other group's contributions would be productive."

## **\*** TIP

Let go of "my idea."
One great advantage
of our team was that no
one was too personally
invested in any single
idea. This allowed us
to try a few possibilities
and openly discuss them.



## **Narrow Down Ideas**

At this point, you will have generated many ideas. How do you pick the ones to prototype? Before worrying about feasibility, get the ideas you are excited about into the hands of users. Check out these techniques to narrow:

## Idea morphing

Visually represent your ideas (e.g., by writing them on sticky notes) and then look for synergistic ways to reduce the total number by combining entire ideas or selectively mixing elements of weaker ideas to form a stronger one.

## Sticky note voting

Each team member gets three sticky notes to place next to the ideas that are most appealing to them.

## Four category voting

Choose one or two ideas from the following four categories: (1) the rational, (2) the most likely to delight the user, (3) the long shot, and (4) the darling (most likable to the team).

## Bingo selection

Select ideas that inspire you to build different kinds of prototypes—a physical, digital, and experience prototype.

## 2×2 Decision Matrix

A Decision Matrix is a useful way to prioritize ideas with teammates. Choose criteria to label the axis and plot ideas to visualize what is important.

## Feeling Stuck?

Don't debate-test! If you can't agree on which ideas to prototype, let your users decide-build rough versions of ideas and get user feedback.

## Imagine and Model

## Make to learn.

## Build to think.

Creating a series of prototypes allows you to advance your thinking about each element of the solution and, eventually, how they will come together to address your problem. A prototype also provides a mechanism for actively engaging users in evaluating and guiding aspects of the solution as they interact with these physical models. The point is to get feedback on how well your solution is—or is not—solving the need of your users. The value of prototyping is in testing an idea early before a lot of time or resources are invested in it.

- **Build to think.** Creating rough representations of your solutions will further your understanding of what the solution might look like.
- Get answers. The most basic prototypes enable you to test the functionality of an idea (will it work?). More sophisticated prototyping will get deeper feedback by testing different aspects.
- Gain more empathy. By observing how your users interact with your prototype, you can get closer to understanding how to meet their needs.
- Get unstuck. Teams can easily get bogged down with conflicting opinions about different aspects of an idea. Prototypes help advance these discussions by making them more concrete and eliminating miscommunication.

A prototype expresses a particular aspect of an idea the designer wants to explore further. These prototypes should be made quickly, using simple designs and surrogate materials so you can rapidly and inexpensively accumulate insights. Over time, your models will become more refined on their way to representing a complete functional solution.

Here's how to get started:

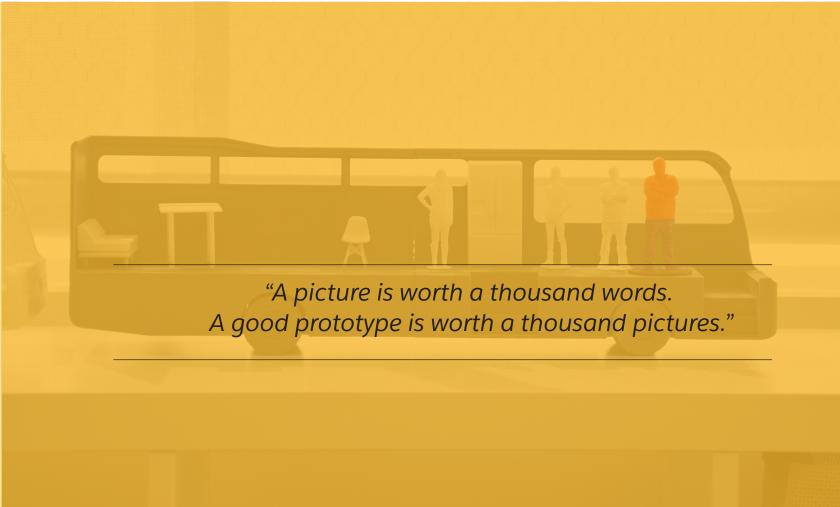
- 1 Identify the idea you want to prototype. Break it down into separable, buildable, testable components and decide which ones you want to test.
- 2 Brainstorm different ways to represent the aspects you want to test.
- 3 Build your prototypes fast, cheap, and in low-fidelity.

## **→** ACTION ITEMS

Identify one aspect of a solution to prototype.

Generate different ways to model.

Build the simplest, low-fidelity model appropriate.



## Fail Quickly, Fail Cheaply

There are two opposing purposes to prototyping: Will it work? and How can it fail? Building a minimal prototype that represents a feature you want to test quickly and cheaply allows you to move on before investing a lot of resources.

## **Prototype for Interaction**

A prototype will give the most meaningful insights when a user can interact with it in a way that is close to the final version of the solution. So, even if you are testing an aspect of the final solution, aim to make it interactive.

## Break it Down

As tempting as it might be to create a complete version of the final solution, building a separate prototype for different aspects of the solution will give you more insight into what works for your users.

## **Start Simple**

A prototype is...

- Rough
- Minimal
- Quick
- Targeted
- Interactive

A prototype is not...

- Perfection
- A full set of features
- A complete product
- Required to be functional or stand-alone
- Hours and hours of time investment
- Final

## **Types of Prototypes**



## A PHYSICAL OBJECT

Cardboard, foam core, glue, paper, markers–use these simple materials.



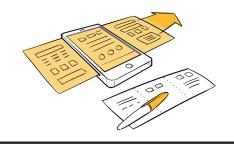
## A MINIATURE SET

Use foam core to create a scale model of the space you are innovating in. Get your users to show you how they would behave in this space.



## **STORYBOARD**

Illustrate the distinct steps of your user's journey with rough sketches. Use them to communicate your vision of the solution. Keep the steps modular so users can rearrange the sequence and have blank panels handy to add new steps.



## A USER INTERFACE

Paper and pen sketches of sequences of screen shots can take your user through an experience navigating a digital interface.



## **ROLE-PLAY**

Create a life-size set—or go to the actual environment and modify it with simple materials to be the way you envision it. Act out all the steps of the process.

## **\*** TIP

The less sophisticated the prototype looks, the easier it is for users to provide constructive feedback.

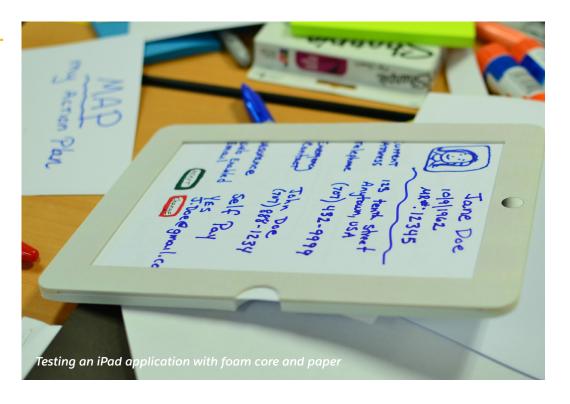
Want to make it even easier? Give your users a choice: create two versions of the same prototype. Why? It is much easier for users to tell you they prefer one over the other instead of telling you what they don't like about one prototype.

## **METHODS**

Service Prototype

Storyboards

Paper Models



## Prototyping Myth 1

You can easily prototype a product but you can't prototype a service—you just need to launch the whole thing to test whether it works.

It may be true that testing the design of a water bottle may be more intuitive. But services can be broken down into prototype-able components as well. Look at the example in the next chapter. To make things easier, prototyping can test an analogous behavior, not only the actual behavior in the final context. For example, it can test whether patients like to share their struggles with a chronic disease with fellow patients—without ever creating a functional virtual platform they might eventually use.

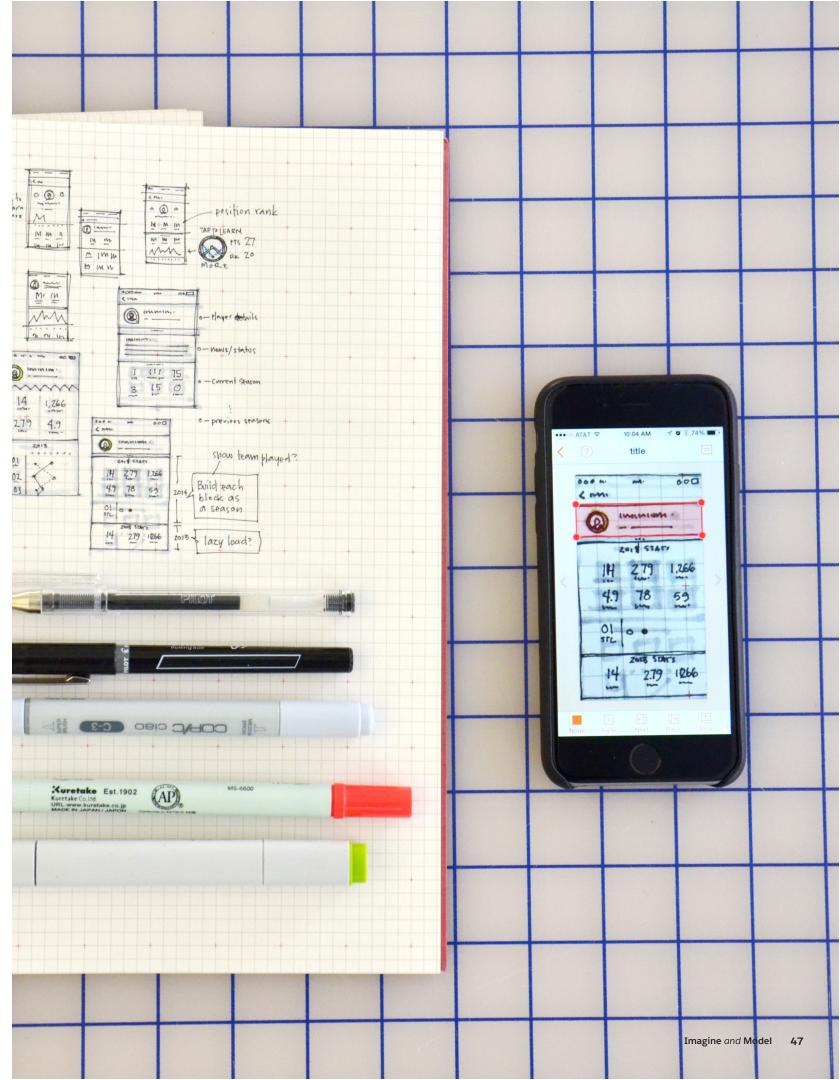
## **Prototyping Myth 2**

You need to hire a designer or a programmer to get any meaningful feedback for digital offerings.

There is so much valuable feedback you can gather with the simplest of prototypes made out of paper and glue. Scrappy prototyping and smart planning can give you the feedback you need to move to the next step. Prototypes do increase in complexity—but they do that through rounds of testing.

The process led us to simplify our prototype concepts.

We stripped down the features as the original was distracting and confusing to users.



# What innovators say...

## **BE PROLIFIC**

"Because time for testing prototypes with users may be very limited, I would suggest generating as many prototypes as you can. That way, if your top three prototypes are not welcomed by the users, you have back-up ideas you can test right away during that meeting."

## **CHOICES WORK**

"Make and test several prototypes at once so you can make comparisons across them and have better information as to why something works and something else doesn't."

## **ROUGH IS ENOUGH**

"Don't over-invest in a prototype, so you can more readily move on to the next one and so people feel more open to offering suggestions and criticism that may improve it."

## Don't Get Attached!

Teams almost always struggle at the onset of the prototyping stage. In general, they spend far too much time talking about which solution, or aspect of a solution, to build. If you wait too long before you start creating, you have a tendency to fall in love with the idea(s) you're discussing. Once you get emotionally involved with the solution or its key features, you won't want to see your baby fail. The risk is that you may start defining test conditions that will ensure the model succeeds.

Conversely, when you jump in and start building prototypes more readily, you're far less likely to become wedded to any given feature or solution. Through the building process, you advance your thinking and more quickly discover the value of the "letting go" process associated with rapid iterations of the prototype-test loop.

As you begin getting consistent, positive feedback from users about certain aspects of your solution, that's the time to start thinking about "going steady" with an idea. Be on the lookout for those elements that are brilliantly received—they're the ones that deserve your attachment (and are worth pursuing!).

## Strike a Balance!

Prototypes are explicitly intended to allow users to experience some aspect of your solution (not have you tell them about it!). In designing and building a prototype, you need to be sure the model is well-developed enough to support the target user experience when it's time for testing. On the other hand, remember that, at its core, each prototype is little more than a prop that's meant to simulate a specific interaction. Be careful not to over-invest in terms of your time and energy. Ask yourself frequently, "What is the minimum we have to build to get the key idea across?"

This can be a tricky balancing act often requiring a bit of trial and error. Teams usually get the hang of it after building their first few prototypes.

## Prepare to Come Back Here Again...

Prototyping and testing (the next step in the design thinking process) are part of a highly iterative, frequently-repeated loop. Prototyping gets your ideas out of your head, while testing reveals users' explicit, unspoken, and perhaps even subconscious requirements, preferences, and decision-making criteria. Allowing yourself to be guided by frequent user feedback to build what works can save you a lot of energy and resources.

Once you build your prototypes, it's time to test them. Press forward to the next step in the innovation process!

**\*** TIP

The hardest part is getting started. So don't delay! A common prototyping mantra is "Fail fast, fail often!"

You don't have to see the whole staircase, just take the first step.

MARTIN LUTHER KING, JR.

## Test and Shape

## Repeatedly learn and refine to improve solutions.

Share what you're working on early and often. The current mantra in software startups is: "no concept survives its first contact with the customer." That's because new ideas need to be seen and tested by those you're designing for. The feedback, much of it constructive, will help you make the concept better by shaping it in response. You don't need to agree or disagree with any of the feedback—you just need to hear it.

People who are unable to receive all kinds of feedback to make their work better will struggle with the process of innovation.

Don't make the mistake of keeping your work a secret. Learn to share rough ideas early and freely, striking up conversations with others, asking what they think, how they might improve it, or what they would advise. You'll get great support for your effort because you engage and listen to others' ideas.

## Test and Shape

## Get feedback and iterate.

Testing goes hand-in-hand with prototyping. As each model is built, it is tested with users. The feedback gathered is then used to create a more refined, next-generation prototype which again undergoes testing, and so on.

Just as prototyping moves from rapid, low-fidelity models to more refined solution proxies, user testing also evolves. Expect your first tests to explore basic, highly-specific user interactions, while later tests may frame more extensive simulations. Keep your testing as simple and focused as possible.

User testing is a fundamental element of human-centered design allowing you to:

- Improve your understanding of users. Observing and engaging users in tests almost always deepens your empathy and often yields unexpected insights.
- Refine your prototypes and solutions—or decide that you need to start again.

  Don't be surprised if you get sent back to the drawing board!
- Resolve disagreements. If the team remains at a standoff over a solution, let the users decide! Construct a test that gets at the heart of the disagreement and allow the results to determine your design directive.
- Amend your POV. In the most extreme scenario, testing can reveal that you didn't go after the right problem.

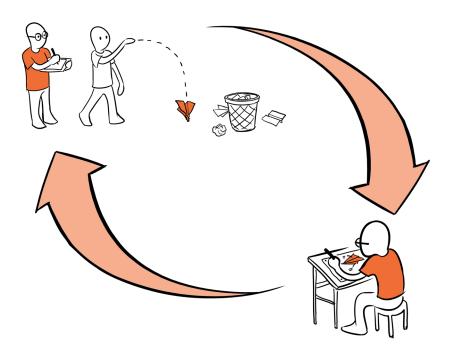
## **→** ACTION ITEMS

Test prototypes with users and capture feedback.

Make an iteration of your most promising prototype by incorporating user feedback.

Assess feasibility of promising prototype with Business Model Canvas.

Get feedback on promising prototypes and their feasibility from stakeholders.



### **METHODS**

User Feedback with Prototypes

Rapid Experiments

## **\*** TIP

Find ways your prototype can fail. Think of it: when you are not there, what if your offering fails? If it does, wouldn't you like to know as soon as possible all the ways it can fail? Testing doesn't just test how well the offering is liked and meets the need-but also how it can fail to meet the need. The good news is-you can rebuild it and make it not fail.

## **Get Started**

With each prototype, you define an objective (the question you want the model to answer)?

- 1 The test provides the mechanism for achieving that objective. Decide upon a context and scenario. Identify the testing context that will yield the most meaningful feedback, and how the prototype and testing environment will interact. If the prototype is a scenario, consider how you will find the right people, in the right mindset.
- 2 Let your user experience the prototype. Show, don't tell. Put the prototype in their hands and provide the minimum instruction needed for them to understand what to do. Encourage users to talk through their experience. When appropriate, use prompting questions to help users vocalize their interaction with the prototype. For example, you can ask, "What are you thinking?" "How do you feel?" and "Why did you make that decision?" Consider probing more deeply with prompts like, "Show me why this would (or would not) work for you." Address user questions, with more questions of your own (e.g., "What do you think that button does?").

## 3 Ask users to create aspects of the design.

In some situations, you may want to directly involve users in the design of your solution to better understand their needs or uncover features you may have missed. Provide them with a blank piece of paper and ask them to draw what they think a certain feature should look like. Alternatively, you can give them simple prototyping materials and ask them to build a model (e.g., "Make a bag for diapers using this paper and tape").

## 4 Observe and capture feedback.

Document every test using notes, audio recordings, and/or videotaping. Then, saturate your work space with the learnings as soon as possible. Consider organizing feedback into clusters, using categories such as notable feedback, constructive criticism, questions raised, and new ideas.

# What innovators say...

## **USER POV**

"Testing our prototypes allowed us to see what the user saw."

## **REAL BEHAVIOR**

"It allowed us to observe whether the prototype was innately of interest to patients, rather than asking them."

## **CONVICTION BUILDING**

"The most rewarding part of the process was seeing a patient actually respond to our solution."

## **INCORPORATING SURPRISES**

"We had to figure out how to deal with feedback that was counterintuitive. It forced us to take a bold step on our product, which was a really scary thing to do, but it made us feel more confident in our thinking and the value the solution provided to users."

"We always prototyped as if we knew we were right, but we tested as if we thought we were wrong-testing provides the chance to refine our solutions and make them better."

## Making a Plan

## How to approach testing for the first time?

- Decide on the idea you want to test.
- What is the aspect of the idea you want to focus on?
- Who are your testers?
- How will you test that aspect?
- What is the readout of your test?
- How will you get qualitative feedback?

## Example 1 / A Physical Experience Testing Plan

We'd like to test a new way for patients to self-triage when they come to urgent care. They would go directly to the relevant line based on degree of pain and location of pain.

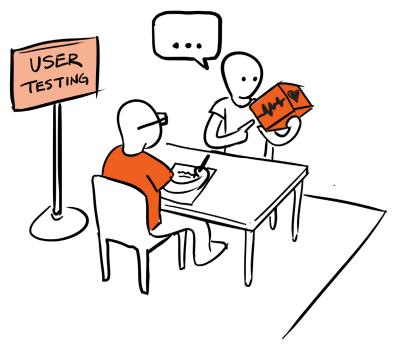
The aspect we want to test is the ability of patients to independently make these calls without staff navigating them.

Our testers will be all the patients that walk through the door during a set period of time.

We will set aside two hours during a time when the urgent care center is not as busy. We will draw and set up signs and arrows with instructions in English and Spanish and four different tables. We will have a staff member at each table to ask them about level of pain, location of pain and check them in.

We will see whether staff-solicited responses about pain intensity and location correspond to the line each patient self-selected.

We will get qualitative feedback after the patient has received care—or in the interval of waiting for care—on how they felt about this process.



## Example 2 / A Virtual Experience Testing Plan

We'd like to test the idea of a last-minute auction for an available appointment by sending a text message to our patients.

We'd like to test how users feel about the notification about an available appointment.

We will approach patients in the waiting room or patients leaving an appointment who might have time to chat.

We will prepare a script of the text messages we plan to test. When approaching patients, we will ask permission to play out the scenario with them in real-time and ask for a phone number to text. We will use our own phones and send a text message to the patient's phone. We will follow up with text messages as planned in our script. If the patient is not able to receive a text message at the moment, we will bring sketches of phone screenshots with the text messages and ask the patient to walk us through how they would respond to such messages. We will give the patient a pen to write down their responses on the mock screenshot.

We will observe whether the idea might work for these patients, whether our messaging is clear, and whether the patient can respond without training in a way that would be productive for this service.

Most of this session is solicitation of qualitative feedback. We will ask a lot of "Why's?" and aim to understand what the user feels and thinks about this approach.

When you accumulate sufficient feedback from this low-resolution test and have promising results, you can proceed to a more sophisticated test—an experiment.

## Example 3 / A Virtual Experience Experiment

We'd like to test the idea of a last-minute auction for an available appointment.

The part that we think is most likely to make the whole service fail is the real-time notification. So, it will be important to test whether our way of notifying patients about a last-minute opening will actually reach them.

We will choose 10 people who tried to book an appointment for this week but could not get in and are now scheduled at a later time.

We will send a text message to these 10 people. The message will read: "This is a message from your clinic. We can see you today at 2pm. Please reply YES if you can make it or NO if you want to keep your existing appointment." We will allocate a clinical staff member who will actually be able to see these patients should they respond positively to the message.

We will note how many replies we get and how fast upon sending this message we received a reply.

We will arrange a phone call with these individuals (or see them in person after their future appointment) to find out how they felt about the notification. If they answered, what went through their mind? What would have made it easier for them to respond? If they had not answered, why not?

## **\*** TIP

The more tests, the better! While eventually user testing will reach diminishing returns, teams rarely fail from being thorough in the number and types of tests they schedule with their users.

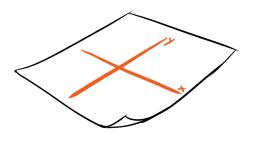
## **✓ SYMPTOM CHECK**

Do you find yourself "selling" the prototype to your users?

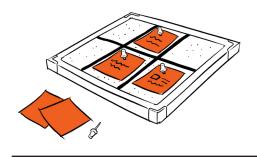
**Diagnosis:** You might have become too attached to a prototype you really want to work.

Treatment: Set an expectation in your team that you are expected to fail a few times before you tap into something that works.

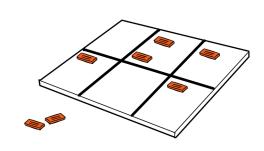
## **Iterate Prototypes**



FIRST PROTOTYPE



**SECOND PROTOTYPE** 



THIRD PROTOTYPE



FOURTH PROTOTYPE

## **\*** TIP

You can fall into the "politeness trap" when the user just can't express what they don't like about your prototype.

Find someone who is not in a power position to the user being interviewed, make sure your prototypes are rough enough to tear apart with feedback, and make two prototypes and ask which one the user prefers and why.

## **Capture Feedback**

Get users' feedback on your prototypes. You can record, write, sketch, take photos and videos of your testing to share with the rest of your team members and others. It helps to test in pairs to allow one person to interact with the user and the other to capture feedback.

Testing is in many ways like interviewing for empathy. Use the tools of empathetic interviewing you have practiced to get feedback on your prototypes. Ask a lot of "Why?"s and open-ended questions. Listen more and talk less. Look for things that aren't being said. Look for contradictions between how you observe the prototype is being used and what the user says.

## Ask "Why"

It can be uncomfortable to ask several "why?" questions in a row. In some cultures, it's not customary for strangers to be so curious, and you may feel as though you're being too intrusive. To feel more at ease, remember you are driven by the desire to understand your user so you can better serve them (if that's not the case, you may need to rethink your approach!). It might also be helpful to experiment with different kinds of "why?" questions so the conversation flows more smoothly. For example, "I see that X is important to you. Could you tell me in what ways it is important?" "You mentioned you always go about Y this way. What other way might you consider doing Y?"

## **CASE STUDY**

## **Fire Station Health Portal**

In its efforts to help its partner determine an appropriate scope of services for its new clinics, the Fire Station Health Portal team developed a preliminary prototype based on a simple matrix concept that evaluated the "potential severity" of a condition and the "cost of treatment."

They tested this early concept with a key stakeholder within the partner organization. As one team member described, "During the process, we allowed him to ask any questions as well as give us feedback. I think having the physical prototype and allowing him to interact with it worked well. It allowed us to observe first-hand how a future user might act. Most importantly, this engagement gave us confidence in our prototype and the idea that it hoped to achieve. It also influenced our perspective on our tool and in future iterations of the prototype."

"Having a physical prototype worked well... it gave us confidence..."

From here, the team entered an iterative prototype-test-prototype-test cycle that led them to their final design:

With our next version, we set out to make the tool manipulative and user-friendly. And so we started with a cork board prototype. We placed the medical conditions on push pins that could be easily moved, and we again color-coded them as screening, diagnosis, or treatment. We took this prototype to doctors, medical professionals, and the Alameda County Health Care Services Agency so they could rank the conditions based on different sets of axes and we could observe them interacting with the tool. We added more medical conditions after suggestions from our test users and improved usability by including a side board where users could easily pick up and displace pins.

With the third prototype, we sought to offer a more durable and professional tool. Some users had commented they felt somewhat childish or foolish with the cork board version, so we strived to offer a more serious look to our tool and built it out of plastic using the Machine Shop on campus. This prototype featured a magnetic board that could also be easily manipulated. It also inspired us to name the tool Service Scope and develop an accompanying logo.

Although perhaps not unpredictable, our next prototype could be considered our most crazy because it opened another realm of possibilities and direction for our project. With some help, we developed a Java-based application for Service Scope. It mirrored the look and interactivity of our physical tool, but added an important data capture feature. The results were immediately fed into an algorithmic tool instead of having to manually add up the pins in each quadrant and then compute the results. Moreover, this prototype made widespread distribution and sharing of data much more manageable and realistic.

Overall, our prototypes got progressively more formal as the design process continued. The increased feeling of professionalism seemed to render legitimacy to our idea, which many users appreciated.

### \* TIP

Test your prototype with all the stakeholders, not just the solution's direct user. Who are the decisionmakers and other key partners that need to be on board to make this work? Tailor how you test your solution with each party to better address what you need from them specifically.

## **Look Through a Practical Lens**

Your first rounds of prototype testing are to make sure that one of your solutions meets the need of the users. Once you have convincing feedback that you are on the right track, think about feasibility: how will users access this solution? How will you make it work? Whom do you have to partner with? How self-sustainable is it?

A helpful tool to brainstorm the practical aspects of your solution is the Business Model Canvas. Use it as a brainstorming tool to generate hypotheses about how you can make this work—and plan ways to test these hypotheses. This can involve talking to decision-makers and stakeholders in your organization, experts in the field, and other ways to get answers. Iterate on the hypotheses as you gather information.

## **Moving On**

## Testing can be disheartening at times!

During the testing stage, if you ever find yourself tempted to "sell" your idea to users by pointing out all of its incredible features, remember that failure fuels successful innovation. Collecting constructive feedback is far more valuable than inviting praise.

Testing is your opportunity to identify the "Achilles heel" of your solution in a low-risk way, before it becomes a deal-breaker!

## **BE EXHAUSTIVE**

Structure your tests to explore how users interact with your design, but also craft them to uncover information that can affect user adoption. What would cause people to start using your solution? How will they find it? Can they afford it? How effective will the distribution channel you're thinking about be in reaching your target users? Will key stakeholders agree to partner with you? Find ways to test every aspect of your solution with all parties who will play a role in getting it into the hands of the user.

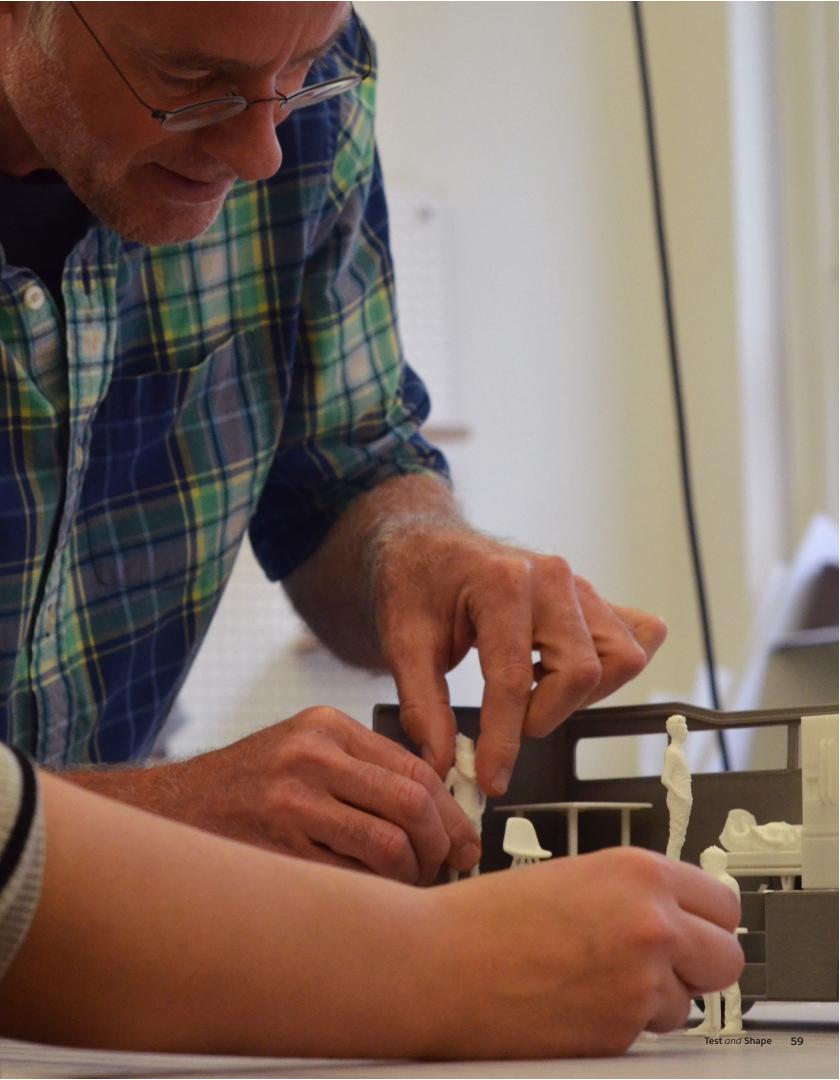
Master testing, and you'll become an iteration Jedi! Getting into the habit of testing ideas and acting on user feedback is a valuable skill set you'll take away from this journey. The better you get at assessing user feedback, identifying the most relevant input, and using it to iterate your design, the more progress you'll be able to drive on this and other innovation challenges.

If you're ready to launch your solution, you'll see that you have more iterative work ahead! You may have tapped into a great need and devised a great product or service to match. But to take flight (and keep soaring), your solution must continue to adapt with your users and their evolving needs.

Make it happen!

Discouragement and failure are two of the surest stepping stones to success.

**DALE CARNEGIE** 



## Pitch and Commit

## Communicate and share often to move work forward.

Put together a short, but compelling case for your project including the user need, the insight and proposed solution direction, summary of work to date, the real challenges you face, the investments necessary, and its ultimate value should you be successful. Use it often and refine as your work evolves.

This pitch will be important for securing local support, partnerships, financial resources, and organizational commitments.

The pitch should be short, but well-rounded and not just a description of the solution.

Demonstrate your commitment to the project by being both an advocate of it as well as a good listener to those who help shape it. Make small progress and share it. People who see the idea moving forward will gain respect for it and interest in its success.

## Pitch and Commit

## Socialize work and emerging solutions.

As your idea is developed and validated through the design thinking process, you should be socializing and communicating progress and learnings. Along the way build a strategy to stimulate uptake by key stakeholders and users.

Implementation can mean a number of different things, depending on the nature of your project. You can generate the solution yourself. You can outsource the development of the solution. You might work closely with an external organization to bring the solution to life. During the implementation stage you will begin to address funding and other challenges associated with releasing your idea "into the wild!"

Without the creation and execution of an implementation plan, your good idea will never reach its intended audience or have its desired impact. Building a strong implementation plan is one of the most important things you can do to make sure your solution makes a difference!

Through a preliminary implementation of a beta product/service or a pilot roll-out of a new idea, you will also gather increasingly detailed user feedback you can incorporate into your solution to continue improving it. Moreover, the process of identifying and gaining buy-in from funding partners and other key stakeholders provides an important foundation for bringing your solution to scale over time.

That said, every team faces an important decision as you move towards implementation. You must decide whether the need you identified and the solution you developed are compelling enough to warrant your continued effort. Revisit and reflect on your values and expectations in relation to the project, and what you learned about the need, problem space, and solution through the design thinking process.

- Define your approach. There are a number of potential options for moving forward. Brainstorm your options, taking into account the different elements of the Business Model Canvas.
- 2 Identify the risks and requirements of each implementation path and your likelihood of success navigating each one. Highlight the highest risks and think of ways to mitigate them.
- **3 Build momentum and support.** Find trusted mentors and supporters who can advise you through the decision-making process for creating your implementation plan.

### **→** ACTION ITEMS

Assemble user and stakeholder feedback.

Map out resources you have and need in order to implement the solution.

Revisit Process Map. Change to incorporate the new solution.

Prepare presentation and pitch.

## **METHODS**

Elevator Pitch
Solution Map
Pitch Deck



## **Identify Deal Breakers**

When deciding whether to move forward with a particular plan to implement, identify the possible "deal breakers" in your approach. Then, prototype and test these, just as you did your solution. For example, if implementation requires you to gain buy in from a particular company, speak with decision-makers in the organization to find out what it would take for them to come onboard, or try to sell your product or service to them and see what happens!

## Conclusion

Not every team will have the opportunity to take its solution forward. Sometimes this is because it's not the right solution to address the need, or maybe it's not the right need. In other cases, the need and solution may be strong, but the team and/or the organization face some barrier (e.g., a cultural or policy issue). Or, perhaps they simply don't have the time, energy, or resources to pursue it.

Just remember your efforts weren't in vain, even if your solution isn't implemented.
Think about all the learning that occurred (for you and your organization)! Having been through the design thinking process, you're almost certainly a more aware individual, a more thoughtful analyst, and a better designer. And you can use these skills on future projects to make a meaningful impact.

For those who do have the opportunity to implement your solution, hold on to your hats! There are sure to be many twists and turns on the road ahead, but it's an exhilarating ride!

A solid implementation plan requires plenty of strategic thinking and lots of hard work. Use your network of mentors and other coaches to help point you in the right direction.

With the principles in your toolkit, there's no telling what you might accomplish next

Go forth and innovate!

# What innovators say...

Avoid implementation pitfalls:

## **EXTERNAL CONSTRAINTS**

"I wish I had a better idea of the organization's limitations. Had we known these limitations, we would have revised our proposal to be something that was feasible given the partner's budget and infrastructure, and aligned with its short-term organizational goals."

## **TEAM DYNAMICS**

"For our team, the main reason we didn't continue working on our project was our lack of team cohesion."

## **LACK OF FOCUS**

"Our team tried to address too many needs at the same time, so we didn't have a clear path forward."

## **CONSIDER IMPLEMENTATION FROM THE START**

"It would have been highly useful for us to think of ease of implementation earlier on in the process. It might have changed which solutions we tested."

## **GET FEEDBACK EARLY ON**

"I would recommend running the solution by as many stakeholders as possible to catch any 'show-stoppers' before your launch."



## Conclusion

## The Six Principles to Work Differently.



Your team has now arrived at the end of the first stage of your innovation endeavor. You have been worked hard defining and formulating the need, generating a plethora of ideas, and bringing several of them to life. Importantly, your user has been there with you throughout the entire process–from understanding the problem to shaping your prototypes with feedback.

If the need you have identified is strong and one of your prototypes meets that need well and in a feasible way, your team is ready to make preparations for launch. Be exhaustive about the resources you will need and the timeline for when it can happen.

Regardless of whether your team is moving forward with the solution, give yourselves a big hand. Not only have you learned a new way of thinking and approaching the problem–skills that will continue to serve you–but you have also learned a whole lot by going through this process as a team. **Get ready to tackle new challenges!** 

## See and Experience

Develop empathy and understanding to identify the ideal state.

## **Dimension** and **Diagram**

Identify and structure information to frame the problem.

## Question and Reframe

Challenge assumptions to open up new possibilities.

## **Imagine** and **Model**

Make ideas tangible to share and inspire.

## Test and Shape

Repeatedly learn and refine to improve solutions.

## **Pitch and Commit**

Communicate and share often to move work forward.



